

## What's Your Creative Score©

Yes, the one that rates how full of creativity and art your life is on a scale of 1-1000. It's not a measure of your spending habits, credit history or skill with money management at all. No way! It's the best way to determine if you have given life the best shot at fulfilling your creative essence with ideas and processes that further your understanding of how to reach your top creative score.

And best of all--- the score can never be lowered! No, it only can increase because once you have tried something creative, innovative, and artistic or with curiosity you keep those experiences to add to the score. You also will be adding to the vitality and interest of the world you inhabit as your score increases.

SCORE    Activities and practices to add to your bank of creativity below:

- |         |   |
|---------|---|
| 1-100   | You're afraid of criticism.<br>You've taken photos with your cellphone.<br>You like white rooms.  |
| 101-200 | Enjoy visiting museums.<br>Reading is a daily activity.<br>Thirty or more years ago you or your parent(s) shopped for a Halloween costume at a "second hand" store!<br>Animals inspire you.   |
| 201-300 | Enjoy visiting art galleries.<br>You use pens and pencils often.<br>Take photos without a cellphone but with a digital or manual camera.<br>You have no problem wearing different colors of the same socks or shoes.  |
| 301-400 | Brainstorming is something you find is a fun solo or group activity.<br>You've painted walls in your home a color other than tan or white.<br>Singing songs does not intimidate you.<br>You can draw a stick figure or a smiley face.                               |
| 401-500 | You have made yours or someone else's Halloween costume.<br>Exploring ancient European caves is on your bucket list.<br>You own crayons.<br>You'd consider changing your name to a 1-syllable name that describes you.<br>Foods on your plate are allowed to touch. |
| 501-600 | Your sense of curiosity is limitless.<br>You have faced uncertainty and turned it into an advantage.<br>You agree that money is green and useful but not necessary to motivate you.   |

- 601-700 Using crayons or markers to color has been part of your pastime in the last year.  
You know how to follow directions.  
You know the primary colors.  
Opening your eyes to the colorful environment around you is not a chore.
- 701-800 You understand that resistance is your friend.  
You did not read The Color Purple but saw the play.  
You play a musical instrument.  
You know the Holy Grail is a legend, and worth seeking.
- 801-900 You've invented something or a method.  
Do you have an insatiable desire to show, not tell?  
You have an extensive collection of scrap materials or abundance of nuts, bolts, nails and nippers.  
You've heard of Betty Edwards or Bob Ross.
- 901-1000 You own an art gallery or your best friend does.  
Using classes, workshops and practice guidelines are not out of the question but you don't need them to begin anything.  
Legos are your friends.  
You have visited Creative Harmony Arts & Books and met Sandy Ferrainola.
- 1000+ People view your life as ideal, even if you're living in poverty.  
You own more than two tables or large surfaces for making or deconstructing.  
Productivity does not scare you.  
You understand constructive criticism.  
You've been struck by lightning; literally or figuratively.

**Keep up the good play to enhance your score!**

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317 German Street, Harmony, PA 16037  
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